



Snowshoe Checklist for Easy Treks

- Snowshoes
- Poles
- Small Backpack containing:
 - Whistle or Air Horn
 - Snack or Lunch
 - Water
 - Kleenex
 - Sunglasses
 - Sunscreen, yes even in winter!
- Camera
- Phone
- Small First Aid Kit
- What to Wear:
 - Winter Jacket, waterproof is best
 - Snow Pants, waterproof is best
 - Tall Winter Boots
 - Tall Socks
 - Layers
 - Long sleeve shirt
 - Long underwear
 - Mittens or Gloves
 - Toque
 - Neck Warmer

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