



## *Snowshoe Checklist for Easy Treks*

- Snowshoes
- Poles
- Small Backpack containing:
  - Whistle or Air Horn
  - Snack or Lunch
  - Water
  - Kleenex
  - Sunglasses
  - Sunscreen, yes even in winter!
- Camera
- Phone
- Small First Aid Kit
- What to Wear:
  - Winter Jacket, waterproof is best
  - Snow Pants, waterproof is best
  - Tall Winter Boots
  - Tall Socks
  - Layers
    - Long sleeve shirt
    - Long underwear
  - Mittens or Gloves
  - Toque
  - Neck Warmer

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